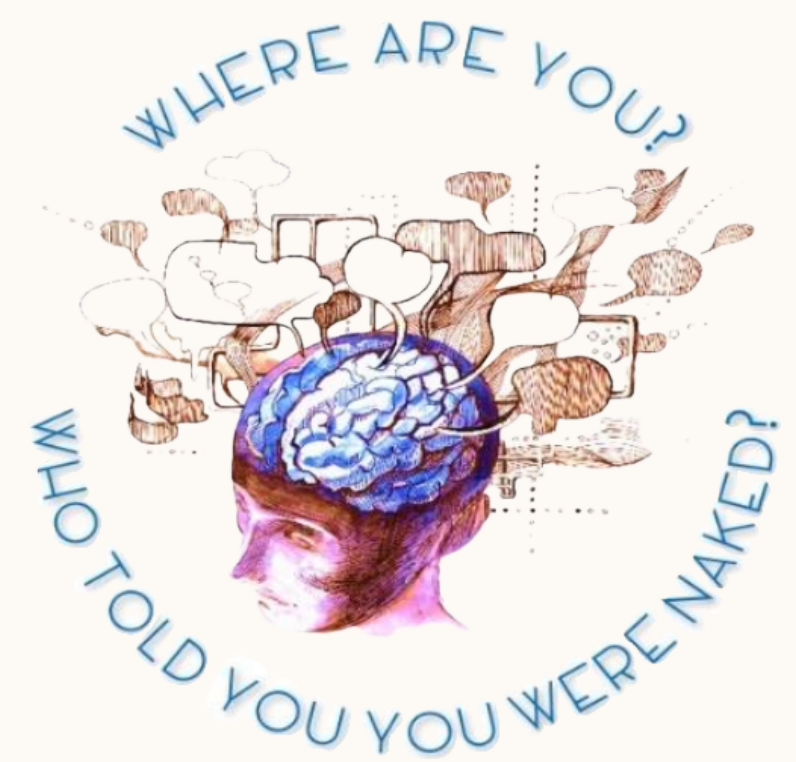


THE EPISCOPAL CHURCH  
OFFICE OF BLACK MINISTRIES

# HEALING FROM INTERNALIZED OPPRESSION



WHO TOLD YOU, YOU WERE NAKED?

*The Episcopal Diocese of Massachusetts*  
*Friday, April 23 - Saturday, April 24, 2021*  
*9 am - 4 pm*

This virtual training is a healing experience curated for and by Black and Indigenous People of Color to explore, engage, and heal from racial traumas perpetuated by and within our community. Participants learn about the need to overcome shame and speak bravely and boldly about harm and healing in the pursuit of unity in Christ.

**LEARN MORE @**  
[HTTPS://TINYURL.COM/OBMTRAIN-10](https://tinyurl.com/obmtrain-10)

